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Telepractice Group Programs Informed Consent

We are providing you with important information about Muddy Puddles telepractice group programs.

Telepractice at Muddy Puddles

- Muddy Puddles will be using Zoom which is a video conferencing platform to provide telepractice services.
- You will receive a link via email which will direct you to your scheduled telepractice session with your therapist.
- Therapists will continue to document these sessions and can provide you with a copy of session notes.

Managing Risks

- The online videoconferencing platform Zoom has been selected by Muddy Puddles for use in online group programs due to its accessible functionality and reliability in hosting multiple participants. Muddy Puddles uses the platforms built-in security functions such as the online waiting room, passwords and the lock-out feature to mitigate any risk to privacy, security and confidentiality.
- There could be some technical problems that affect the video visit. Program facilitators will attempt troubleshooting any problems during the session to resolve these issues.

Information Privacy Policy

All communication and information you provide is stored securely and only shared with your permission. Muddy Puddles complies with state and federal privacy requirements as stated in The Privacy Act 1988. A copy of our Information Privacy Policy is available on request. No telepractice sessions will be recorded, shared or utilised outside of sessions.

Informed Consent

There are a few important principles related to informed consent:

- **You must be given relevant information.** Ask the clinician if you have questions about telepractice and the services offered.
- **You have the right to understand the information.** Ask the clinician if you do not understand.

- **You have the right to choose.** If you do not agree to telepractice, you may refuse to participate. You may agree to or refuse specific activities and procedures.
- **You have the right to stop using telepractice anytime.** You can change your mind about participating in a program, even in the middle of a session.
- **You can agree or refuse in writing or verbally.** You may give your consent using the form below. You may also give consent or change your mind by telling the therapist. Consent and refusal that you give verbally will be documented by Muddy Puddles.
- **You can ask about alternatives to telepractice.** If you refuse or change your mind about telepractice services, your therapist will discuss any other options with you. The therapist may or may not be able to offer alternative services.

Please contact us if you have any questions about telehealth group programs.

